



Nomads News

www.hitchin-nomads.net

The news letter of the Hitchin Nomads Cycling Club

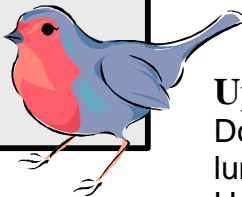
Under New Management

Hello Nomads, as you may have noticed there is a new look to the Nomads News, and a change in editor. I would like to start my tenure by thanking Richard for all his hard work, time and effort as the previous editor.

Now, if anyone has any stories, results, etc. they would like to share with other members this is the place to do it. Remember, if your results don't get to Geoff Perry, via this newsletter, or directly, you may miss out on Club prizes. You Have Been Warned.

Anyhoo, enough of my rambling....

Scott.



Club Run Diary by Frank Turner

Volume one. In the absence of any racing information, you lucky people are going to be treated to some engrossing snippets regarding club runs.

Sun. 5/12/04. A cross section of hares and tortoises turned up for a run to Danish camp. As it was a northerly run, the route went through Ickleford. From that point on, bearing in mind that most of the racers don't know their way around very well, and with the aim of keeping them in check the route was undetermined. A random 'reaction time' test was done for the benefit of the road racers when the leader [who shall remain nameless] decided on a hasty direction change. It is pleasing to record that all passed the test well, and language was most moderate! Tony, Andy, and Julian having young children at home turned back at Dunton, leaving Scott to cope with the 3 regular wrinklies; he really is most tolerant even after 15 miles at 14MPH !

A slight detour to cross the A1 at Sandy using the Sustrans route 51*and we arrive to be welcomed by the oldest active rider in the club.

Fairly direct route home with a spot of therapeutic imbibing and a round trip of 49 miles concluded the day's entertainment.

*If you use this route watch out for the thoughtfully provided "skid control test" paving slabs, laid at intervals on the route.

-The Ed.

Upcoming Events

Don't forget 1. Sun 19th. Dec. Club run luncheon and prize giving at the 3 Horseshoes at Willian. Plates on tables at 12-30 hrs.

We are now almost fully booked for dining, but anyone who wishes to come for a few drinks will be welcome. The more the merrier.

Don't forget 2. Boxing Day 10. As in previous years the event will be self supporting with regard to food and drink. You need to volunteer to bring something along. Please let Frank T know as there is a limit to how many mince pies we need. The other clubs who come are usually pretty impressed with us so don't be backward in coming forward.

Also this is the last chance for the racers to get a PB this year, fuelled by all that turkey and Xmas pud.

The Ed.

Now for something completely different

Extract from NN Dec. 1965. Map reading day Nov. 7th. "Nothing much happened during the freewheeling contest, except the usual antics of attempted streamlining, bodies lying full length and bricks jettisoned at the bottom of the hill. A head on view of the Pettifars was a sight worth seeing. You could see Mick, but Hazel was invisible from the front, and a side view looked like a pink sack of potatoes, where she had tucked her head was apparently a trade secret"

Oh for the days before PC took over!

Thanks for that Frank. Hmm, a downhill race. A chance for those of us with less than mountain goat physiques to shine. But, I have one question, what's a Pettifars? I'm sure Frank will be able to enlighten us.

The end of another year

As Christmas fast approaches, and the year draws to a close we can reflect on the past season.

The interclub trophy has been lent to the Icknield. We struggled at the 10, and the deficit incurred proved to slightly too much to overcome, despite our best efforts in subsequent events.

The club time trial season had its moments. I particularly remember riding out to one ten, in the company of Frank T. and Tony Furby, and thinking that a canoe would have been a better choice of vehicle. I also got the impression that quite a few people managed PBs or course PBs at one time or another. Well done to those people and better luck next year to the rest.

I know some people enjoyed a modicum of success in open events, if only by doing a good ride for themselves. A particular mention for Anthony Perkins for an excellent 209 miles in the Icknield 12hr, especially as it was his first attempt at the distance.

As far as road and track racing goes, I know some people participated in events, but I can only say that for me success wasn't forthcoming. A distinct lack of training didn't help. I know some Nomads are interested in pursuing this

avenue next year, and I look forward to joining them.

Speaking of road racing, I've had the pleasure of riding some good club runs throughout the year, ably organised by Frank. Some have been casual jaunts. Some have involved a few of us imagining it's the Tour, on the way back from the café, but all have been enjoyable.

So, my New Year's resolutions-

Get fit

Race more

Get fit

TT faster

Get fit

Ride more club runs

So I'll see you on the road.

And as if by Magic- The New Year

As I'm doing the News now, and I have the imagination of a not very imaginative thing, please send stories, anecdotes, etc. or I'll be forced to fill space with rantings, be they cycling or otherwise. Trust me, or ask Esther, these are not a pretty sight.

A concerted effort should see the Interclub Trophy back in our grasp. So, I expect to see all the TTers out training in the New Year. Come on you know you want to.

It just remains for me to say Happy Holidays, and enjoy the festivities.

See you on or of the bike soon,
Scott.

There, got through that without mentioning Christmas once..... Oh bugg£)(%&)

