



Nomads News

www.hitchin-nomads.net

The news letter of the Hitchin Nomads Cycling Club

It's interclub 25 month, and so far we have 10 riders, and 4 helpers. This is not good. Expect phone calls and harassment. Scott.

Crashes Always Come In Threes!!!

Hi everyone

As some of you know I hit the deck during the club ten of 17 May - my first accident in 35 years!! Basically, from what I can remember, I drifted from the tarmac to the dirt - normally not a problem but then I hit several deep holes which just launched me towards the gutter. Badly bruised knees, but mainly the left one which has been quite painful and then numerous bruises and grazes. I managed to rest and recover enough to get back on the bike yesterday - Sunday 29 May. I was feeling really good, and probably needed the two week rest from training - it seemed that my mishap might even turn out to be good for me. Not a chance. Within two miles of leaving home a car pulled from a side road straight in front of me. Despite my best defensive bike riding I just clipped his back wing - it could have been much worse had I swerved to the right, or hit him full on. Just a clip, but it was enough to send me airborne, the next thing I remember is an awful crunch and oh the pain in my shoulder. I knew straight away that I'd broken my collar bone - no doubt at all even within the first five seconds. By the time I'd rolled over several times and managed to sit up, the car had gone - just left me for dead in the road. The police have recorded it as an hit-and-run, and will put an appeal in the Milton

Keynes papers - but to be honest I don't hold up any hope of catching the so-and-so. Two other drivers stopped to help me, but they didn't get any details either. Apart from the collar bone, my helmet is unmarked, but I've got heavy road rash to both arms and even more bruising on my thighs. The new Trek - well, apart from the bars being at right angles it looks undamaged at first sight.

I'm not totally convinced about just having a sling and the doctors saying the bone will heal back soon, does any one have experience of broken collar bones??? If so, I'd like to hear of your experiences, treatment and after effects.

Obviously, I'll be off the bike for quite some weeks now, but will try to get out to the tens some way.

See you all soon.

Dave Wentworth

I'm sure I speak for everyone in wishing Dave a speedy recovery from his injuries. It illustrates the hazards faced by cyclists every day. If it's not poorly maintained roads, it's poorly trained drivers. As these things tend to occur in threes, everybody should be extra vigilant, especially Dave.

By the way this is the only valid excuse for not riding the Interclub 25, and I shall want proof. Scott.

I Wasn't Joking.

On Thursday the 9th of June Nigel Tooke was knocked off his bike. He is in the Lister Hospital recovering from a broken wrist, and fractured vertebrae. The accident occurred at the roundabout in Wymondley, near the Blakemore Hotel. It involved the usual car driver with a white stick. At least, after knocking Nigel off, he did the decent thing, and stopped. He also admitted the error was his. The police are involved, and when there is more news I'll let you know. I'm sure every body in the club will be wishing Nigel a speedy recovery.

Nigel joins the list of people with a valid excuse for not riding the Interclub 25. Ironically, he was the first person to contact me to say that he could ride. Scott.

Results.

Dave Gudgin 25 24/05/05

The first of the four Dave Gudgin 25's was run of in good, but breezy conditions. A good field turned out, and I, convalescing from my opp, was able to watch the suffering up Shuttleworth Hill. Still, I'd rather have been riding. Neil Fraser showed the rest of the Nomads a clean pair of heels, and produced the ride he has been threatening to do for some time. Only guest rider Steve Cotton could go faster.

Full Results-

Neil Fraser	01:04:01
Mike Webb	01:04:46
Dave Ledgerton	01:09:07
Andy Saunders	01:09:26
Julian Siedlecki	01:09:58
Clive Collins	01:12:54
David Summerell	01:15:51
James Cornell	01:16:42
Peter Timmins	01:17:54
Rob Bryan	01:21:09

Non-Nomads-

Steve Cotton	01:02:16
Rob Hemming	01:06:00
Jeremy Prodger	01:08:47

Neil's ride was a course PB, and special mention must go to Clive for Showing some of the younger generation how its done.

Timekeeping by Frank Turner, and Pushing-off by Tony Furby.

Briercliffe 10 31/05/05

Another good ride by Neil Fraser saw him take the honours in this weeks 10. Sixteen riders contested the event, and even Frank rode (I shall be calling you about the Interclub 25).

Full Results-

Neil Fraser	25:00
Andy Herbert	26:47
Nigel Tooke	27:05
Tony Anderson	27:08
Julian Siedlecki	27:45
James Cornell	28:43
Clive Collins	28:44
David Summerell	29:07
David Rossall	30:31
Frank Turner	31:06
Rob Bryan	31:20

Non-Nomads-

Richard Ellis	25:00
Jeremy Prodger	25:06
Andrew Everet	25:35
Les Newton	25:52
Rob Hemming	28:33

Timekeeping was by Richard Bland, and Pushing-off by Tony Furby.

Dave Gudgin 25 07/06/05

Mike Webb at the top of the results table? Surely not! It wasn't going to be long before Mike won another event. The run of good fields for the evening events continues. It can't be the weather.

Full Results-

Mike Webb	01:04:41
Tony Anderson	01:06:46
Julian Siedlecki	01:09:08
Nigel Tooke	01:10:38
Clive Collins	01:12:16
David Summerell	01:14:05
David Rossall	01:15:40
Peter Timmins	01:16:23
Rob Bryan	01:18:38
Dave Ledgerton	DNF

Non-Nomads-

Steve Cotton	01:01:20
Les Newton	01:06:08
Rob Hemming	01:08:18
Andrew Baccus	01:29:12

Timekeeping by Richard Bland, and
Pushing-off by Tony Furby.

Pre-clubrun 10 12/06/05

Mike Webb defied the brisk westerly wind to turn in a winning performance on Sunday morning. He certainly wasn't hanging around when he came past me.

Full Result-

Mike Webb	25:09
Andy Herbert	26:18
Scott Edwards	28:29
Clive Collins	28:41
Tony Anderson	29:11 Off course
David Summerell	29:42

Timekeeping and Pushing-off by Dave
Ledgeron. A man of many talents.

There's still time to get yourself on the start sheet for the Interclub 25, on 26/06/05. It's round our home course, so, we should have an advantage. Don't fancy riding? How about lending a hand at marshalling instead. It's good fun, and you're guaranteed a cup of tea at the end of the event. Any takers can contact me at mister.ee@virgin.net or call 01462 480 655.
Scott.