



# Nomads News

[www.hitchin-nomads.net](http://www.hitchin-nomads.net)

The news letter of the Hitchin Nomads Cycling Club

## Editorial

### Hi Folks

#### **Congratulations to all our prizewinners.**

It's not in my nature to be negative but I was a little sad that there were only 34 people at the Sun Hotel for the presentation of the awards for 2006.

I have observed Frank working very hard over the last six weeks to persuade people to come and join us.

At the Sun Hotel I was sitting with a couple of the trophy winners and we were wondering why people didn't support the club by getting to the venue to receive their just rewards from last season. We came to no real conclusion.

It maybe that the presentation of the awards will come down to the club evening in January with a glass of wine and nibbles - "Oh, and your trophy and medals are on the table, don't forget to take them home".

Frank has said that he took home six cups for people that were unable to attend which is the most he has ever taken home.

I have listed all the prizewinners below and also the competitions that didn't have any competitors so that the membership are able to plan their season to compete for them.

Personally, I am looking at that short course bar that nobody competed for last year and I reckon if I ride the club 50 plus another 50 TT and mix them with the Dave Gudgin series then I think that's a pot I can put on the shelf at the club lunch 2008. Pardon? Me? Pot hunting? Perish the thought!

My thanks to Nick for the full SP for British Cycling membership

I seem to have tapped into a rich seam of nostalgia with Dave giving us another anecdote from 'up north' for which my thanks.

Clive

## **Subscriptions**

Another reminder if you haven't paid your subs yet, then hurry you have only two weeks left before you have to rejoin. Please send your remittance to **Nigel Tooke** as soon as possible.

## **Club Lunch and Prizegiving**

We arrived at the Sun Hotel to find that the club had put a complimentary bottle of red and white wine on all the tables to celebrate the clubs 75<sup>th</sup> year.

There was some good quality fare served for what I thought was good value.

Frank as our master of ceremonies congratulated all the trophy winners and the presentation of the cups and shields was carried out by our founder member and **Vice President Irene Stacey**. (Pictured left).



Ann Bland writes:

"Frank's introduction to the effect that *"there were three ladies involved in taking care of our mental and physical needs"* incurred much humour, several startled expressions and raised eyebrows. The Ladies Award of Merit was presented to Ann Bland and Sue Kelley for services rendered, aka making the tea and cakes at the club's cycling events throughout 2006. On accepting the award and bouquet of flowers Ann acknowledged the other ladies in the club,

who had assisted throughout the year, or when extra assistance was needed - Wendy Tooke, Barbara Day, Linda Harrison and Ann Collins for providing her delicious fruit cake.

The third lady referred to was Ann Collins who was also presented with a bouquet for the magnificent monthly calendar she produces every month to ensure that members know exactly what is happening throughout the month.” Thanks Ann.

There was a new cup awarded this year in memory of Geoff Denny, who was always a willing volunteer, for the person who volunteers their services most over the season to assist with the various events that the club promotes.

Richard Bland received the cup from Geoff’s wife Brenda as the first winner.

So chaps, now that you have got the pot on the shelf within three weeks you will have to start thinking of defending them for the new season.

Our many thanks go to Frank Turner who both arranged the venue, sold the tickets, collected the trophies and got them engraved.



### Award Winners

Back row from the left:- Tony Anderson, Neil Fraser, David Ledgerton, Nick Senechal and Richard Bland.

Front row from the left:- Ann Collins, Ann Bland and Sue Kelley.

## British Cycling Membership

**Join British Cycling and see what you get – at a discount**

**Joining British Cycling offers a range of benefits for all cyclists with three levels of Membership.**

**Bronze membership** gets you in touch with BC for training, coaching and competition advice, regular emailed newsletters, access to a members only website and provisional racing licence to enable you to take part in entry level road, track and mountain bike racing. Plus a range of discounts and other benefits.

**Silver membership** adds £10,000,000 Third Party Insurance valid world wide together with legal advice and support from lawyers experienced in cycling activities.

Silver membership is also a pre-requisite for a full racing licence.

It is worth noting that many overseas “Sportif” events, (e.g. L’etape du Tour) now require participants to be registered with their federation and carry such third party insurance.

**Gold membership** gives additional personal accident insurance with hospital benefits in case you are injured riding your bike in the UK, as well as the printed quarterly race calendar.

These memberships normally cost £12.50, £34 and £60 respectively, but here’s the good news.

- For members of BC affiliated clubs like Hitchin Nomads, new members or those who have not been registered for two years get a £12.50 discount on every level of membership. (**Bronze** therefore being free!)
- All under 16 members joining get free **Silver** membership.

Nick Senechal

## Hitchin Nomads Library?

### Club Library

How many of you have, in the past, bought a book associated with cycling, fact or fiction; read it and thought, ‘what a bloody good read’? Where is it now? Gathering dust on your bookshelf, or up in the loft. How about giving someone else the pleasure of enjoying it. You don’t want to give it away, as you will want to read it again sometime, but you could provide yourself with space for some more ‘bloody good reads’ if you loaned it to

the club. It will remain your property, and ownership will be carefully recorded. You might even get another member commending you on your choice of reading.

The comment made at the prizegiving luncheon over some 1947 copies of cycling indicated that there is some interest; we have a number of Nomads News from the 1960's history books and a fair number of travel books and cycle (for your childrens' school projects?) so let us add some more, and make it worth while publishing a list.

The editor & I wait with bated breath.  
Frank T.

### Leisure cycling forum

I've had a response to the forum from a lady who had intended coming to the meeting in January.

I have arranged for her to come to the clubroom this month and I have warned her that I can bore for Britain when it comes to talking about bikes. She said that it wasn't a problem, as she would bring her knitting.

### February Club runs

Feb 18 <sup>th</sup>	Royston Sports Centre
Feb 25 <sup>th</sup>	Marston Vale Forest Centre

### March club runs

March 4 <sup>th</sup>	Riverside GC Bayworth
March 11 <sup>th</sup>	Moggerhanger Hall
March 18 <sup>th</sup>	Willington Garden Centre
March 25 <sup>th</sup>	London Gliding Club

### South Lancs Road Club Refugees

All these tales from Dave Wentworth stem from when he was a member of the South Lancs Road Club; also a member at that time was David Rossall. They both moved south in the late 70's and joined the Nomads. I think they breed loyalty in Lancashire because both men have been club members getting close to 30 years. I had a response from David Rossall to Dave Wentworth's article about his 24-hour training.

From David Rossall.

I remember the Little Chef near Derby. I used to stop there too, riding back up to Cheshire. The last time I went through, a local rider showed me the concrete base where it used to stand. It was demolished when the A50 was built, and I had got a bit disorientated trying to find my way through the cycle paths to the line of the old A6 into Shardlow, so I asked him the way.

From Dave Wentworth

And a couple of things that resulted from having three house bricks in my saddlebag:

- Breaking a wheel spindle 15 miles from home and just staring at it thinking "well, what now".
- Breaking my seat pillar and riding 5 miles home with saddle – including saddle bag – under my arm. I left the house bricks on the side of the road – and collected them the following morning. Well, you can't just chuck good cycling gear away can you!!!

### Media Watch

Some of you may have read the review of the Rapha Winter Jersey. I just wondered which part of the country the reviewer came from? He starts his review by aligning himself with the north.

"Rapha's boutique kit is geared more towards London-waged roadies than northern skinflints. At £125 (!) this jersey is about three times what I'd normally pay". Does he come from the north?

But then we have to assume that the reviewer is a southern poofter, because he goes on to use the phrase in the middle of the review "backed by a wind baffle in metrosexual pink".

What colour is metrosexual pink?

Then maybe he comes from midlands because he gets practical with the washing instructions which say that the garment should be washed in cold water because he states, "that the garment seems to wash OK at 30 degree 'delicates' wash".

But there again he could be a Scot because he finishes the review with the statement. "It is hugely expensive, so you need to get lot of wear out of it to justify that price".

Conclusion, he had a itinerant childhood.

## Club Prize Giving Lunch Awards

Event	Name	Date	Time/Dist	Speed
Senior Bar	David Ledgerton			18.529
Veterans Bar	David Ledgerton			18.529
12 Hour Trophy	1 <sup>st</sup> Neil Fraser	3.9.06	221.96	
	2 <sup>nd</sup> David Ledgerton	3.9.06	176.85	
Novice 12 Hour Trophy	No Competitors			
Fastest 100 Mile TT	David Ledgerton	9.7.06	5.23.37	18.540
Short Bar 4x25 & 2x50 mile TT	No Competitors			
Club 50 Champs -Scratch	David Ledgerton	11.6.06	2.14.28	22.310
Club 50 Champs- Handicap	David Ledgerton	11.6.06	2.14.06	22.310
Fastest 25	Tony Anderson	6.8.06	57.25	25.374
Hall Trophy 25 - Scratch	1 <sup>st</sup> Tony Anderson	25.6.06	1.3.01	23.803
	2 <sup>nd</sup> Mike Webb	25.6.06	1.3.40	23.560
	3 <sup>rd</sup> Andy Saunders	25.6.06	1.5.29	22.907
Hall Trophy 25 - Handicap	1 <sup>st</sup> James Cornell	25.6.06	57.34	
	2 <sup>nd</sup> David Summerell	25.6.06	1.1.32	
	3 <sup>rd</sup> Nick Senechal	25.6.06	1.1.40	
Dave Gudgin 25 series -Scratch	1 <sup>st</sup> Scott Edwards		1.5.28	
	2 <sup>nd</sup> Andy Saunders		1.5.46	
	3 <sup>rd</sup> Neil Fraser		1.5.59	
Dave Gudgin 25 series Handicap	1 <sup>st</sup> David Ledgerton		1.1.43	
	2 <sup>nd</sup> Neil Fraser		1.2.41	
	3 <sup>rd</sup> Scott Edwards		1.2.41	
Allan Porter 30 -Scratch	1 <sup>st</sup> Mike Webb	27.8.06	1.18.07	
Allan Porter 30 -Handicap	1 <sup>st</sup> David Ledgerton	27.8.06	1.11.16	
25 Mile Medium Gear TT	1 <sup>st</sup> Kevin Holt	19.3.06	1.10.30	
	2 <sup>nd</sup> Tony Anderson	19.3.06	1.11.35	
	3 <sup>rd</sup> Andy Saunders	19.3.06	1.13.11	

<b>25 Mile 2 Up Team Time Trial</b>	<b>1<sup>st</sup> Scott Edwards Neil Fraser</b>	<b>2.4.06</b>	<b>1.6.39</b>	
	<b>2<sup>nd</sup> Steve Robinson Paul King</b>	<b>2.4.06</b>	<b>1.8.20</b>	
	<b>3<sup>rd</sup> Julian Siedlecki Nick Senechal</b>	<b>2.4.06</b>	<b>1.13.40</b>	
<b>Briercliffe evening 10 TT series</b>	<b>1<sup>st</sup> Tony Anderson</b>		<b>24.18</b>	<b>Average</b>
	<b>2<sup>nd</sup> Neil Fraser</b>		<b>25.05</b>	<b>Average</b>
	<b>3<sup>rd</sup> Andy Saunders</b>		<b>25.21</b>	<b>Average</b>
<b>Fastest 10 on Vets Standard</b>	<b>1<sup>st</sup> Tony Anderson</b>		<b>+00.00.41</b>	<b>Average</b>
	<b>2<sup>nd</sup> Dave Wentworth</b>		<b>+00.00.25</b>	<b>Average</b>
	<b>3<sup>rd</sup> Clive Collins</b>		<b>-00.00.56</b>	<b>Average</b>
<b>Spring Hilly</b>	<b>1<sup>st</sup> Mike Webb</b>	<b>12.3.06</b>	<b>43.52</b>	
	<b>2<sup>nd</sup> Andy Saunders</b>	<b>12.3.06</b>	<b>46.43</b>	
	<b>3<sup>rd</sup> Paul King</b>	<b>12.3.06</b>	<b>48.01</b>	
<b>Autumn Hilly</b>	<b>Cancelled</b>			
<b>Sharpenhoe Hill Climb</b>	<b>1<sup>st</sup> Andy Saunders</b>	<b>8.10.06</b>	<b>.2.29.9</b>	
	<b>2<sup>nd</sup> Neil Fraser</b>	<b>8.10.06</b>	<b>.2.39.5</b>	
	<b>3<sup>rd</sup> Tony Anderson</b>	<b>8.10.06</b>	<b>.2.44.7</b>	
<b>Charlton Hill Climb</b>	<b>1<sup>st</sup> Andy Saunders</b>	<b>22.10.06</b>	<b>.1.14.92</b>	
	<b>2<sup>nd</sup> Neil Fraser</b>	<b>22.10.06</b>	<b>.1.15.07</b>	
	<b>3<sup>rd</sup> Toby Blyth</b>	<b>22.10.06</b>	<b>.1.40.81</b>	
<b>Pre-Club Run 10 TT</b>	<b>1<sup>st</sup> Tony Anderson</b>	<b>Points</b>	<b>20</b>	
	<b>2<sup>nd</sup> Steve Robinson</b>	<b>Points</b>	<b>15</b>	
	<b>3<sup>rd</sup> Jamie Tomlin</b>	<b>Points</b>	<b>11</b>	
<b>Sporting All Rounder</b>	<b>1<sup>st</sup> Andy Saunders</b>	<b>Points</b>	<b>210</b>	
	<b>2<sup>nd</sup> Neil Fraser</b>	<b>Points</b>	<b>175</b>	
	<b>3<sup>rd</sup> Clive Collins</b>	<b>Points</b>	<b>173</b>	
<b>Clubmans Trophy</b>	<b>1<sup>st</sup> Richard Bland</b>	<b>Points</b>	<b>129</b>	
	<b>2<sup>nd</sup> Frank Turner</b>	<b>Points</b>	<b>121</b>	
	<b>3<sup>rd</sup> Clive Collins</b>	<b>Points</b>	<b>85</b>	
<b>Geoff Denny Trophy</b>	<b>Richard Bland</b>			
<b>Meritorious Trophy</b>	<b>Nick Senechal</b>			
<b>Ladies award of Merit</b>	<b>Ann Bland /Sue Kelley</b>			