



Nomads News

www.hitchin-nomads.net

The news letter of the Hitchin Nomads Cycling Club

Bike Week 14-22 June 2008

Editorial

We have had some unseasonable weather through May, but hopefully the weather in June will follow season with gentle warm breezes and plenty of sunshine.

We are geared up for a busy month in the club, with our open on the first of the month and with the barbecue on the 14th.

Nick has sent me a communication from British Cycling offering free membership.

We have another entry from Tom's diary, thanks Tom keep them coming.

Clive

New Member

We welcome new member Ian Farquharson to Hitchin Nomads, Ian you are most welcome and we hope that you enjoy many hours of cycling with the Nomads again.

Results

Dave Gudgin 25

20th May

	Actual	Handicap
James Cornell	1:04:42	1:02:54
David Ledgerton	1:08:15	1:01:14
Clive Collins	1:11:56	1:01:35
Scott Edwards	1:14:04	1:07:31
Toby Blyth	1:14:32	1:09:29
Keith Rapley	1:26:53	1:02:40
Neil JJ Fraser	DNF	Puncture

Timekeeper: Frank Turner

Pushing Off: Jonathan Lavery

North Middx & Herts CA 50

25th May

	25 Time	50 Time
Scott Edwards	1:10:28	2:23:26
Clive Collins	1:11:01	2:23:48
David Ledgerton	1:10:27	DNF
John Harrison	DNF	

Winner

Martin Smith North Bucks RC 1:53:25

Briercliffe 10

27th May

Richard Palmer	25:00
Andy Herbert	25:01
Andy Saunders	25:01
Neil JJ Fraser	25:55
Steve Robinson	26:26
James Cornell	26:53
Clive Collins	28:57
Neil R Fraser	28:59
David Summerell	30:02
David Rossall	30:54
Oran Fraser	37:31

Non-Nomads

Rob Hemming 26:59

William Colebrook 27:21

Timekeeper: David Ledgerton

Pusher Off: Peter Hanlon

Well done to Oran Fraser for riding his first ten.

Have the membership noticed how consistent Richard Palmer is now? His last three rides all within three seconds of each other.

June Clubruns

1 st June	St Albans
8 th June	Café Bliss Bedford
15 th June	Barneys Café Hertford
22 nd June	Frosts GC Wavendon
29 th June	Willington Garden Centre

CTT Reminder

15 th June Whitewebbs 25	F1B
21 st June Herts Wheelers 30	F2A
22 nd June Century RC 25	F10
5 th July Herts Wheelers 10	F20
6 th July Essex Roads 25	E9
6 th July Hemel Hempstead CC 25	F13
12 th July Beds Road CC 10	F1B
13 th July Nth Middx & Herts 100	F1

It may interest the membership to know that the Essex Roads event on the 6th July has included a section in their event for classic bikes pre 1980. Frank and myself have entered the event and will be riding our classic bikes, Frank on his Ephgrave and me on my Don Farrell and I believe that Nick may also be entering the event.

Frank says he will disown me if I fit tri-bars to my bike. It will be interesting to see the time I will return for the event?

Clive

Club Barbecue and

Come and try it Time Trial 14th June

Please make a note in your diary for the barbecue. This is the club's summer social occasion. Not only do we have the time trial but also it's hoped to have some activities for the children on the park.

Race Report North Middx & Herts CA 50

I sometimes wonder at my sanity, as in entering two 50 mile TTs a week apart. The 50 I rode a week last Sunday was a bit chilly and I reasoned then that hopefully it would be a better day this last Sunday. I was doomed to disappointment because not only was the wind still out of the northeast, it was raining as well!

I started in a better frame of mind than I did the previous Sunday and my time for the first 25 was just 13 seconds longer than the Sunday before, unfortunately my second 25 wasn't as good. The actual ride on the A1 in the rain wasn't as bad as I had feared, in fact the rain was light enough that there was no spray to speak of coming off the vehicles that

passed me. I was also riding with a rear light pinned to my shirt pocket under my rain jacket which defused the light making it look bigger at a distance, the effect was that high percentage vehicles came pass me in the outside lane.

My thanks go to all the marshals who stood beside the road for two hours plus in miserable conditions for the benefit of the 12 riders who finished.

Clive

Tom Durkin's Diary Aged 8

Hi, I've had lots of fun this month got so much to tell you. Track league is great fun, but really hard work. I've not won anything there yet, I'm in Group C which is under 8/10 and 12. Been to Dunton again it was a under 16's all groups up to that age cycling together I got a 2nd for my age group, no prize money this time! After that we all went down to Southend for the rest of the day, we had a great time, went on the beach and some of the rides in Pleasure Island. Dad got us sausage and chips which we ate on the sea wall Yummy! The after school swimming and athletics is going well and I will be going track training 3 times a week from next month as my brother is going to start at Welwyn again, and he can't do Wednesday evenings as its football training. Did a 3 counties ride with Grandad and the VCC and did about 34 miles. Bank Holiday Monday (5th) went upto Ixworth in Suffolk street racing, and that was seriously good fun. Nan, Grandad and Harry went to Beaulieu to do a penny-farthing stack, there was 104 in total and they were in the paper. I was supposed to go as well but I was racing at Welwyn Omnion the same day. I did a 200m time trial did that in 19.9 secs came 3rd, 4 lap scratch race came 1st in that one and a 500m sprint and got a 3rd and overall came 3rd in the event for the under 8's and won myself £5.00.

Grandad and I were on our way to Ashwell at home when a car drove to fast and close to me, I wobbled clipped the bank and ended up in a ditch full of nettles, that was really horrible had to go back to nurse Nanny.

On the 17th went down to Newport velodrome for a 4 hour training session Grandad cycled as well (he was awesome) I did much better than last time I even managed to get half way

up the Wall of Death as we call it. On that Sunday Grandad organised a Kids ride which I lead Harry came as well but he fell off twice. I managed on Friday to get my first 1st place of the Welwyn track league on a 4 lap handicap race, and I won by quite a distance. On Saturday was racing down in Hainault in Essex on the olympic training track that was brill and had a good steep hill as well came first in that race. Now have 2 first placed finishes in a 4 race series.

Tom

Dear Club Secretary

I am pleased to inform you that we will shortly be sending you a printed batch of British Cycling FREE membership forms for your club members. Please note that these membership forms are for club members who are joining British Cycling for the first time. They cannot be used by existing British Cycling members.

A text-only version of the form is available for you to download from our website until you receive your batch by post: [Download FREE membership form](#). In the meantime, I would ask that you take out of circulation any old stock of free membership forms, as they will now be out of date and incorrect.

Club members with internet access can avoid the paperwork and enrol for free as first time members of British Cycling using the following link, which you may wish to distribute to your members via email: [FREE enrolment for first time members](#)

Please do not hesitate to contact the membership team should you have any queries about this promotion or if you require any assistance in promoting your club and British Cycling membership to prospective members. I wish you a successful 2008.

Yours sincerely

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