



# Nomads News

[www.hitchin-nomads.net](http://www.hitchin-nomads.net)

The news letter of the Hitchin Nomads Cycling Club

## Editorial

This coming Sunday is our opportunity to close up to the Beds Road and Icknield in the points tally. We need all our riders to focus on at least catching their minute man. I wish you all the best for a good ride, my own target is to try and improve on my time below, hopefully I can get inside evens.

The following Sunday the club run starts at Tempsford leaving at 10.00am post our open 25 event. If you able to marshal, please contact Richard Bland. It will be interesting to see the time that Ian Cammish does if he rides.

Michael is looking for a bike, if you have one in your collection that needs a good home, preferably post 1950, please contact Michael details below.

I think the end piece is just great.

Clive

## Racing Results

### Dave Gudgin 25

Tuesday 19<sup>th</sup> May

	Time	Handicap
Neil JJ Fraser	1:03:43	43:00
David Ledgerton	1:07:52	44:38
Tim Wallis	1:13:42	45:58
Clive Collins	1:15:57	44:02
James Gomm	1:16:16	47:38
Julian Siedlecki	1:19:12	45:21
James Spence	DNF	

### Non-Nomads

Sam Hayes (Beds RCC)	1:01:11
Mike Webb (Stevenage CC)	1:07:07
Rik Palmer (API Metro)	1:07:23
Helen Shulver (Stevenage CC)	1:11:57

Timekeeper: Frank Turner  
Pushing Off: Tony Furby

## Briercliffe 10

Tuesday 26<sup>th</sup> May

Neil JJ Fraser	25:48
James Gomm	29:35
Clive Collins	30:19
David Summerell	30:19
Michael Levet	30:51
Frank Turner	34:02

### Non-Nomads

Sam Hayes (Beds RCC)	24:25
Andy Herbert (Stevenage CC)	24:33
Matt Chudley (Beds RCC)	27:01
Lyndon Lewis (Beds RCC)	27:59

Timekeeper and Pushing Off:  
David Ledgerton

## June Club runs

7 <sup>th</sup> June	Moggerhanger (Please note below)
14 <sup>th</sup> June	Rose Café Hertford
21 <sup>st</sup> June	Silver Ball Reed
28 <sup>th</sup> June	Frost Garden Centre Wavendon

## Club Run June 7<sup>th</sup>

June 7<sup>th</sup> this year is the date of the HNCC Open 25. As usual marshals are required, please contact Richard if you can help. It is an early start, but a club cannot run without everyone doing their bit to help.

On Sunday 7<sup>th</sup> the club run will **start** at 10.00am from Tempsford Village Hall. This means you can either marshal, or come along and support your club, and still join the club run. The run will go to Moggerhanger Hall and the route is on the link below:

<http://www.gmap-pedometer.com/?r=2821244>

See you there  
Keith

## Barbeque and Time Trial

Saturday 13<sup>th</sup> June is fast approaching, so it's time to pencil it in your diaries!

There will be the usual 12 mile time trial, using the F14/12 course. This is an ideal opportunity to have a go if you haven't tried one before, or an excuse to enjoy the barbeque afterwards without any guilt.

Friends and families are of course welcome, perhaps you might persuade some to come along and support your efforts with the promise of food and drink

We are planning to have a children's race in the field, this will be run under strict UCI rules, but no aero helmets will be allowed!!

To avoid a "cock up on the catering front" it really would be appreciated if you could either call, or email me if you are intending to come.

Keith Rapley

email: [rapley@bigfoot.com](mailto:rapley@bigfoot.com)

tel: (01767) 681200

**Saturday 13<sup>th</sup> June  
From 2.00pm at  
Guilden Morden Village Hall**

**12 Mile Time Trial  
Sign on 2.30pm  
Start 3.00pm  
Free Barbeque  
Friends and Family Welcome**

## Bike Required

**I am in need of a new time trial bike.**

The frame size should be about 56-58cm. Does anybody in the club have a machine of the above size that they are willing to sell on?

They can contact me by email- my email is [l3v3t@btinternet.com](mailto:l3v3t@btinternet.com).

Thank you

Michael

## Media Watch

### The Ultimate Time Trial

#### Progress so far

Cyclist James Bowthorpe started off from Hyde Park on the 29<sup>th</sup> March to attack the round the world cycling record set by Mark Beaumont last year. James has set a schedule of a 120 miles a day to cover the 18,000 miles in five a half months and is due back in Hyde Park on the 13<sup>th</sup> September. If he returns on the 13<sup>th</sup>, he will have reduced the record by three weeks.

28<sup>th</sup> May.

James has completed sixty one days of his record attempt with 5464 miles under his belt; he is 120 miles north of Kuala Lumpur Malaysia. The mileage I gave in the last issue of the News was wrong

His schedule has another 108 days to go. He has averaged 89.5 over the first 61 days of his schedule of 120 miles a day. At the current average if he doesn't improve he will have to average 136.8 miles per day for the last three weeks.

His web site is:

[www.wherewiththeworldisjames.com](http://www.wherewiththeworldisjames.com)

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### Convicts cycle around France

#### Nantes

Almost 200 jail inmates will cycle around France next month in the first penal version of the Tour de France.

The 196 prisoners will cycle in a pack, accompanied by 124 guards and prison sports instructors, in an event designed to foster team work.

Breakaway sprints will not be allowed, officials said.

I spotted this end piece in the paper and my mind is working overtime on the logistics of such an exercise.

The first question is who is it for the benefit of? The prisoners or the staff?

I would think that they would have helicopter back up and a full convoy of broom wagons

If this idea was suggested in this country wouldn't the tabloids have a field day, especially the Daily Wail, I can see the headline now.

**Thieves are invited on a  
Three Week Cycling Holiday!**