



# Nomads News

[www.hitchin-nomads.net](http://www.hitchin-nomads.net)

The news letter of the Hitchin Nomads Cycling Club

## Editorial

This issue of the News is mainly racing results, my thanks to David for pulling out all the stops to get the results on the web. Looking through the hand book it seems as if the season gets a bit sparse for events to ride through August and September and with the Icknield 12 hour now being held in July we don't seem to have a finale to the season.

My thanks to Jamie for putting the potential problems on club runs into context. As he points out it is usually down to the lack of numbers riding on the day, when there is a problem with fast and slow riders.

Well that's Le Tour over for another year, I think the general opinion is that it was a classic year for the Tour. Messers Cavendish and Wiggins gave us good value for money in as much as they had the challenge and they came through with flying colours. For me I think it was Bradley on Mont Ventoux holding his own against the mountain goats and not cracking to hold onto fourth place. And Mark's finishing speed on the Champs Elysées was totally amazing, someone told me that his finishing speed to the line was 80K an hour, 50 MPH, I didn't reach that sort of speed in the Alps last year going down hill with a following wind.

Clive

## Racing Results

### Briercliffe 10

Tuesday 23<sup>rd</sup> June

Pontus Axelsson	25:29
James Spence	25:41
David Ledgerton	26:04
Mark Desborough	26:20
Nick Senechal	27:49
Neil R Fraser	27:56
Michael Levet (J)	28:54
Clive Collins	29:55
David Summerell	30:33
David Rossall	31:44
Steve Makowski	32:01
Richard Bland	32:12

## Non-Nomads

Sam Hayes (Beds Road CC)	23:56
Rik Palmer (API Metro)	24:09
Graham Laming (Beds Road CC)	25:08
Jon Gilham (Stevenage CC)	25:55
Penny Wylie (FVS Tri)	29:14

Timekeeper: Frank Turner

Pushing Off: Tony Furby

## Dave Gudgin 25

Tuesday 30<sup>th</sup> June

James Cornell	1:03:06
Mark Desborough	1:06:58
James Spence	1:07:40
Ian Hamilton	1:13:33
Clive Collins	1:15:19
David Summerell	1:16:15
Julian Siedlecki	1:23:43
Anthony Perkins	1:27:30

## Non-Nomads

Jon Gilham (Stevenage CC)	1:03:53
Graham Laming (Beds Road CC)	1:04:15
Helen Schulver (Stevenage CC)	1:10:47

Timekeeper: David Ledgerton

Pushing Off: Michael Levet &amp; Charlie Bexfield

Final Handicap times will be published in the Mid-August News.

## Briercliffe 10

Tuesday 7<sup>th</sup> July

Mark Desborough	26:24
Ben Wilson (J)	30:42
Nigel Wilson (Ben's Dad)	30:43
Richard Bland	32:55

## Non-Nomad

Penny Wylie (FVS Tri)	29:32
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Timekeeper: David Ledgerton

Pushing Off: Rik Palmer

**Briercliffe 10**  
**Tuesday 14<sup>th</sup> July**

Pontus Axelsson	25:09
James Spence	25:30
Mark Desborough	25:30
David Ledgerton	25:42
James Gomm	28:23
Michael Levet (J)	28:35
Nigel Wilson	28:44
Ben Wilson (J)	29:24
Charlie Bexfield (J)	29:56
Clive Collins	30:50
Steve Makowski	31:20
Richard Bland	31:43
Non-Nomads	
Jon Gilham (Stevenage CC)	25:01
Jonathan Ward (Retrobike)	35:14

Timekeeper: Frank Turner  
Timekeepers Assistants: Thomas & Oli Hill  
Pushing Off: Tony Furby

I note that we had three juniors riding in this event which if we were to check the records I think the club hasn't had three juniors in a club event since the early eighties. Congratulations to Ben and Charlie for beating evens and setting personal bests, also congratulations to Michael for his very good ride which was also a PB.

**Essex Roads Classic Bikes 25**  
**Sunday 19<sup>th</sup> July**  
**Course E9/25**

	<b>Time</b>	<b>Standard</b>
Clive Collins	1:16:21	+ 4:56
Frank Turner	1:28:38	- 6:45
Nick Senechal	DNS	

Frank, Nick and I rode this event last year and decided that it would be a good idea to ride the event this year.

Cometh the day the weather was dry if a little windy. I trundled round the course and gave it my best, but at the finish I felt that it was a rubbish ride.

Just to put the event into context there were eleven riders and of those eleven there were three non-starters. The prize list in our part of the event £25, £15 and £10 for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> also the same monies for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> on standard. This event was part of the Essex Roads open 25 which had 50 riders in the event.

On checking the result board I found that my time was good enough for third on actual and first on standard which gave me £35 in my pocket. I think for a 1:16 ride I could be accused of highway robbery, or was I just lucky that Nick was under the weather and stayed in bed.

**Briercliffe 10**  
**Tuesday 21<sup>st</sup> July**

Pontus Axelsson	25:20
Mark Desborough	26:01
David Ledgerton	26:13
Nigel Wilson	29:03
Ben Wilson (J)	29:25
Clive Collins	30:34
Steve Makowski	31:36
Non-Nomads	
Rik Palmer (API Metro)	24:16
Penny Wylie FVS Tri)	29:42

Timekeeper: Frank Turner  
Pushing Off: Tony Furby

**Fenland Clarion 10**  
**Saturday 25<sup>th</sup> July**  
**Course N1/10**

David Ledgerton	26:30
Richard Bland	30:02

**Verulam 25**  
**Sunday 26<sup>th</sup> July**  
**Course F1/25**

Richard Bland	1:13:32
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**Briercliffe 10**  
**Tuesday 28<sup>th</sup> July**

Chris Knight	25:05
Mark Desborough	25:38
David Ledgerton	25:49
Jason Stuart	26:38
Clive Collins	28:56
Michael Levet (J)	29:00
Ben Wilson	29:21
Richard Marlow	30:01
David Summerell	30:03
David Rossall	31:22
C Hall	31:37
Peter Hanlon	32:08
Non-Nomads	
Sam Hayes (Beds Road CC)	23:38
Rik Palmer (API Metro)	24:03

Mike Webb (Stevenage CC)	25:05
Jon Gilham (Stevenage CC)	25:06
Penny Wylie (FVS Tri)	28:46
C Yuell (Stevenage CC)	31:43

Timekeeper: Frank Turner  
 Timekeepers Assistants: Thomas & Oli Hill  
 Pushing Off: Tony Furby

### **Hemel Hempstead CC 10** **Saturday 1<sup>st</sup> August** **Course F12/10**

Richard Bland 29:03

Richard rode the Hemel Hempstead CC 10 mile Time Trial using the F12/10 course near Leighton Buzzard in what he thought were unfavourable winds. He said he was reasonably happy with his ride as it was a 39 seconds improvement from the last time he was on the course earlier this season, when it didn't seem as windy.

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### **Interclub 32**

My scoring of the interclub running totals was a touch out in the last issue of the News, I had in fact credited Beds Road with more points than they should have had, not that it made much difference, I think we can safely say that Beds Road have won the interclub this year with only the hill climb to come.

### **Interclub Points Table**

<b>Club</b>	<b>10</b>	<b>25</b>	<b>15</b>	<b>30</b>	<b>Total</b>
<b>Beds Road CC</b>	<b>345</b>	<b>372</b>	<b>221</b>	<b>120</b>	<b>1058</b>
<b>Icknield RC</b>	<b>317</b>	<b>189</b>	<b>173</b>	<b>30</b>	<b>709</b>
<b>Hitchin Nomads</b>	<b>185</b>	<b>217</b>	<b>105</b>	<b>95</b>	<b>602</b>

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### **August Events**

<b>August 2<sup>nd</sup></b>	<b>Hitchin Nomads Open</b> <b>HQ Tempsford Village Hall</b>
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### **August Clubruns**

<b>August 2<sup>nd</sup></b>	<b>From Tempsford to</b> <b>Moggerhanger 10 am start</b>
<b>August 9<sup>th</sup></b>	<b>Poplars Garden centre</b> <b>Toddington</b>
<b>August 16<sup>th</sup></b>	<b>Van Hage Garden Centre</b> <b>Great Amwell</b>
<b>August 23<sup>rd</sup></b>	<b>Country Garden Centre</b> <b>Melbourn</b>
<b>August 30<sup>th</sup></b>	<b>Richard &amp; Ann's Charity</b> <b>Breakfast St Neots</b>

### **CTT Reminder**

16/8	Beds Road 25	F1/25
22/8	Sajan Design 10	F2A/10
23/8	North Midds & Herts 25	F1/25
29/8	Peterborough CC 10	N1/10R
5/9	Norlond TT Combine 25	F14/12
13/9	Icknield RC Charity 10	F1B/10
19/9	Stevenage CC 12	F14/12
20/9	Norlond TT Combine 25	F1/25

### **Jamie's View on Club Runs**

Dear All

Following on from the recent comments on club runs I felt compelled to add some comments. I have, on or off been cycling for nearly 30 years (I know I don't look old enough ....) and the club runs have been a recurring issue, and even within the different clubs I have known. Some things never change. Firstly, I think the runs this year have generally been a success and the publication of the suggested route and loops has been very welcome. I would use these comments to urge that longer runs are restricted to the end of the month, as my "permission" for a longer run is clearly set out for the last Sunday in the month. This is of course purely personal. The issues noted tend to arise where the number of attendees are low. There are two distinct groups, the fast and the slow, reflecting that the club tries to cater for a very broad mix of cycling interest and abilities. It is what helps give the club its charm. We are all very happy to mix at the start and the café and to do our own "group" thing in-between, enabling that broad mix to get something from the ride. Certainly this year the faster groups have tended to keep together better than before in the run out. Where problems arise is when the overall number is low, so that there is not really enough for two decent sized groups, as happened on the run to St Neots / Graffham. Consequently there is a greater compulsion to have a larger group although this did not really work. What I am saying is that club runs work best the more people we get out on them. So come on, support your run organiser and show your appreciation by boosting both the slow and the fast groups. You don't need to be in the same group for both out and home.

Yours

Jamie

On a fixed, just sitting here watching the wheels go round.